

The GENETIC MEDICINE programs of PREVENTIVE character [in the MULTIFACTORIAL CONTEXT] will help you to KNOW OPPORTUNILY (before the symptoms appear) what you must control to IMPROVE YOUR HEALTH and the HEALTH of YOUR FAMILY.

We will work alongside you with this information to avoid health complications that, if not anticipated, would affect different levels, such as the following:

VASCULAR HEALTH:

- Estimating your risk and the guidelines to follow from the preventive point of view in cases of cardiovascular disease.
- Estimating your risk and the guidelines to follow from the preventive point of view in cases of cerebrovascular disease.

METABOLIC HEALTH AND ENVIRONMENTAL TOLERANCE

- Determining risk and preventive management for intolerances and food sensitivity.
- Evaluating risks to establish a more accurately control to keep in balance the cholesterol and triglycerides metabolism.
- To know more in detail (at the metabolic level) the way in which your organism assimilates each nutrient to advise you the best nutrition plan in your case.
- Evaluating the best way in which your body assimilates essential vitamins and minerals.
- Looking for guidance that help you to regulate your bowel habit based on the analysis of its possible causes.
- Establishing a more accurate guidance to regulate your body weight based on the analysis of your metabolic peculiarities.

REPRODUCTIVE HEALTH

- Evaluate safety&efficacy of the use of contraceptive pills helping to choose the best option according to your individual tolerance.
- Helping to identify and control biological factors that can lead to gynecological complications [difficult menstruation, polycystic ovarian syndrome (PCOS), endometriosis, myomas, fibrocystic breast].
- Know and act on factors that can cause erectile dysfunction.
- Promote fertility in both members of the couple.
- Know and control metabolic factors that can interfere with conception.
- Help assess responses to fertility treatments.
- Identify factors that can cause the recurrent loss of pregnancy (repeated abortions).
- Prevention of congenital malformations.
- Prevention of maternal and/or fetal complications during pregnancy.

CANCER PREVENTION

- Estimating personal risk to design the most accurate preventive guidelines in front of FAMILY CANCER antecedents (colon and rectum, stomach, pancreas, liver, thyroid, breast, ovary, prostate, kidneys).
- Estimating personal risk to design the most accurate preventive guidelines to apply for cancer prevention related to individual vulnerability to carcinogenic endogenous and exogenous toxins.

NERVOUS SYSTEM DISORDERS

- Help Improvements cognitive performance.
- Help to memory improvement
- Prevention of age-related cognitive impairment.
- Help to improve the attention and learning capacity.
- Contribute to assess the suitability of treatments to control anxiety.
- Contribute to assess the suitability of treatments to control depression.
- Improve the ability to maintain a good emotional balance trying to avoid psychotropic medications.
- Help to improve your quality of sleep.
- Assess risk to develop dementias to design a timely prevention plan.
- Know to establish a preventively control of your risk for psychological disorders of organic base.

EVALUATING YOUR INDIVIDUAL POTENTIAL OF TOLERANCE AND REACTION TO MEDICINES AND NATURAL SUPPLEMENTS

- Detect degree of efficacy and safety for the use of the majority of currently existing drugs (to avoid adverse reactions to medications by not tolerating them at their standard doses).
- Find out what kind of Omega fatty acids would be the ones you can safely take and which ones you should to avoid (some types of omegas can lead to bleeding or vascular damage).
- Know the chemical form of the vitamins that you should avoid and what would be your special needs (some can quickly reach toxicity ranges if you do not assimilate them correctly).
- Identify the antioxidants that you should avoid when taking any natural supplement that contains them (some can cause liver damage).
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